

The Tzolk'in Clock – Sun Trecena (or Flower Trecena)

Here is a link to my new book: [The Twenty Trecenas of the Tzolk'in](#). I have added a new section about my Maya birthday at the end.

The sun and reed trecenas are shown in the Madrid and Fejervary codices (below). These two trecenas are between the **east** and **north** faces of the Tzolk'in Clock. Previous articles discussed the human mind aspect of the Tzolk'in calendar as well as planting seeds on 1-Crocodile. The center of the Fejervary depiction shows a bird taking a seed from a flower. It is during these two trecenas that our seeds are being collected by our collective consciousness, the place of our consciousness when we go to sleep. These next two trecenas are a transition from the east face of the Tzolk'in Clock to the north face. The north face of the Tzolk'in Clock begins with 1-Transformer, shown as a skull below.



Above is the Mayan Madrid codex of the Tzolk'in clock, showing the Light trecena and the Reed trecena on the east-north corner of the Tzolk'in clock.

Left is the Aztec Fejervary codex of the Tzolk'in clock.

This trecena begins as shown with 1-Flower.

The next trecena begins as shown with 1-Reed. (top left)

The next trecena begins as shown with 1-Death

This is just one of several articles discussing the Tzolk'in Clock's interactions with all our humanistic experiences. The Tzolk'in Clock should be viewed in 3D with you in the center. It would be like sitting in a Navajo hoogan and having each of the eight walls painted with a face or corner of the Tzolk'in Clock. The doorway to the hoogan faces east. We have just completed the east face, and we are beginning the east-north corner of the Tzolk'in Clock. The north face is the veil between your awake self and your asleep self, or your conscious enslaved self and your freed unconscious self. The north face of the Tzolk'in Clock is like the right brain of a human.

But before we start the north face of the Tzolk'in Clock, we must time travel through the east-north corner, beginning on 1-Sun or 1-Flower and ending after the Reed trecena on 13-Serpent. The two trecenas in the northeast corner of the Tzolk'in Clock are a time to enjoy the landscape of your mind, heart, soul and others going through this same time as our collective equivalents.



Two local artists replicate the Madrid codex version of the Tzolk'in. The Maya had nunneries that taught about our physical spirit and our sleep spirit (nawal). The south face of the Tzolk'in Clock (next to Ed) shows a human enslaved. The north face of the Tzolk'in Clock (next to Lisa) shows a human being freed from his consciousness. The joining and separation of consciousness from awake to asleep begins at birth, every time you sleep, and ends at death.

The Sun (Ahau) trecena begins just below Lisa's hand. You can see the Ahau symbol. Each of the dots, travelling from her hand to her belt, represents a day of the Sun trecena.

It's also interesting that trecenas have day days and night days, but the Gregorian week only had day days. So on the Gregorian calendar is always mon-DAY, tues-DAY, wednes-DAY, thurs-DAY, fri-DAY and even on weekends its satur-DAY and sun-DAY. The trecena gives you six nights

between seven days. 1-Sun is the first day of this trecena. 2-Crocodile is the first night. 3-Wind is the second day. And so on.

The Tzolk'in Clock is the generating force for all other calendars (Ha'ab, Tun, Venus, etc.). Our collective energy builds and builds through the trecena, until it has enough energy to jump to the next trecena. You can tune your activities with this natural energy. The Tzolk'in is our spiritual time and earth is our spiritual place.

For example, if you had a project that would take about 2 weeks to complete. You could begin your project on the first day of a trecena, gradually. Then you can take a rest from it on the second day. On the third day, you put much more work into it and then rest on the 4th day. On the 7th day on the trecena, you should be at maximum effort, or "hump day". By that day, most of the hard work is completed, but you still have the rest of the trecena to complete the project. So later in the trecena, even though you are doing more loose ends to complete the project, the effort doesn't appear to be as difficult. By the 13th day, the end of the trecena, you should have finished, and it's a day to relax and get ready for the next trecena.

It's very doubtful that any Mesoamerican culture separated a day into 24 hours. I believe that a day's energy begins at sunset, lasts the next day and ends the next sunrise. That's about 36 hours. Dividing that by 13 sections gives roughly 2.8 hours of time. It is possible that daily energies also ebb and flow like a trecena. The maximum flow each day's energy lasts for 2.8 hours when the sun is highest in the sky (± 1.4 hours). If true, then each day's energy would flow like this.

Sunset is the 1st wave. Midnight is the 3rd wave. Sunrise is the 5th wave. Noon is the 7th wave. Sunset is the 9th wave. Midnight is the 11th wave. And, sunrise is the 13th wave. It's at night that one days energy begins as the previous days energy ends. They overlap at night. It's only during the daytime that the day's energy is not mixed with the previous or next day's energy.

My Maya Birthday

There is a big difference between your Gregorian birthday and your Maya birthday. There is a spiritual you and a LEGAL you. There is also spiritual time and LEGAL time. The Tzolk'in is your spiritual time. Anyone aware of Tzolk'in time should be aware of this, too. Most people live their lives by the Gregorian calendar, which is linked to the LEGAL you.

Humans first spend a full Tzolk'in round, 260 days, from conception to birth. You get a say on the day you choose to be born, as you will have experienced all 260 days of the Tzolk'in round in the womb. Children, such as I, are born Cererian, so they really didn't get to choose. However, it is the energy of the day when you take your first breath that determines your Tzolk'in intention.

People born between sunset and sunrise can choose which of the two energies to follow. For instance, someone born between sunset of 11-Jaguar and sunrise of 12-Eagle may take the jaguar or eagle energy. They may also change their intention between the two as they go through life. I choose 9-Rabbit, 9-Star, 9-Venus as my inflection / intention and here is what that means to me. People born between sunrise and sunset don't get a choice.

9-Rabbit is the most fertile day on the Tzolk'in round. Rabbits reproduce rapidly and there are 9 lunar months during pregnancy. It is the most fertile inflection of the most fertile intention. As evidence, my first children were twins and every company I have worked has doubled or tripled their profits. The Rabbit is also shown as a scribe, and I love to write.

When you complete 52 Ha'ab years and 73 Tzolk'in years, the pattern repeats. This is when your elder energy activates. There are several shifts in life, at 13 years, 26 years, 52 years, and 104 years. Modern people call this 52-year shift, "the mid-life crisis"; in truth, this is when you get a second outlook and more perspective. My elder intention is 4-Wisdom, a very stable and wise outlook.

The Tzolk'in is divided into 4 directions, east, north, west, and south (in that order). 9-Rabbit is on the east direction, and I refer to it as "team east". There are 65 days on team east, starting with 1-crocodile and ending on 13-serpent. The first 3 trecenas are on the east face (1-crocodile, 1-jaguar, and 1-deer). The last 2 trecenas are on the northeast corner (1-light and 1-reed). I was born on the 9th inflection on the 1-light trecena in the northeast corner. There is a difference between east face people and northeast corner people. Face people are like coaches and corner people are like players. Corner people tend to stir things up and the 5th, 7th and 9th inflections really stir things up. I was born on the 9th day of the Light trecena and have stirred things up, my whole life, naturally until I turned 52, when I began settle down, think, and write.

My best friends are all on the face team east, 10-Dog, 5-Flint, and 10-House. Other good friends include 5-Seed and 7-Death, both on my trecena. Directly facing my intention/inflection is 3-Serpent, my soulmate energy. I have found many healthy, long last relationships with this soulmate connection. It seems to happen naturally. I have also found many unhealthy relationships with perpendicular connections, and they have a hard time communicating with each other. It can work, but before you start a relationship, you should check. It's also a good idea to map all of your friends and family to see how you naturally relate according to the Tzolk'in 260 day round. Let me know and I can send you a map, once given the birthdays.

The northeast corner of the Tzolk'in (top left) is connected to the 6th chakra, the chakra of thought. A famous Aztec depiction shows the chakra energies of a human connecting to specific faces and corners. The ninth day (9-Rabbit) of the flower trecena is circled in the 6th chakra. This is my Maya birthday.



It should be noted that all other chakras connect to a face or corner, but the fourth chakra connects to both the north and south face. The “trick” to chakras is balance. You want all your chakras to be equally important. My problem has been that my 6th chakra is too big, and I am trying to think less to achieve a better balance.

On 9-Rabbit of this trecena, the day’s energy resonates with my intentions. It is the day to make wishes. People naturally want to be with you on your Maya birthday, and you can’t celebrate it on the weekend, or another convenient day. It must be celebrated during that day’s energy. I always make a point to connect with people on their Maya birthday, and care less about their Gregorian birthday, as it’s not natural. It’s only natural as it relates to the approximate location of the stars in the sky.

Sun trecena on the Tzolk'in Clock

1 Sun	Take time in the morning to enjoy the shift from deer to sun. Feel the refreshing breeze in a quite environment. Enjoy this fresh Sun energy.
2 Crocodile	The seeds you planted 40 days ago, are ready to be received by your sleep self, to be nourished for the next 130 days on the left side of the Tzolk'in Clock.
3 Wind	If your mind, heart and soul had curtains, today, they will be gently blowing.
4 House	Your physical self may feel weird today as your spiritual self uses the stability of 4 to take your seeds.
5 Seed	Spend time in the morning, remembering your dreams. The veil between your awake and sleep self is slightly open. The dreams from last night will give glimpses of your future.
6 Serpent	The serpent energy generates waves of the energy for life to exist. It can also be a day of ups and downs.
7 Transformer	You can now envision the fruits of your seeds and see the “new” you beginning to take shape. You can sense energy from the north face of the Tzolk'in Clock in 20 days, 8-Transformer.
8 Deer	“This is a day of great spiritual power and to sense where your personal powers lie.” Jaguar Wisdom (last Tzolk'in round)
9 Star	The reason this day is so feminine and fertile, is its association with nine cycles of the moon, about the gestation cycle of a woman. Combine that with the energy of ripening corn, and you get the most fertile day of the Tzolk'in.
10 Water	Resonate with today's calm and placid waters.
11 Dog	This is an active energy day, with dog like enthusiasm.
12 Monkey	This is a playful day, filled with possibilities. Today is known as the weaver of time, for tomorrow is 13 Road (Destiny). Today is the day to choose a path, a road, for the next 20 days.
13 Road	LOVE, as abundant as grass, is our purpose or reason for being created. Enjoy the last day of the Sun trecena. As the sun sets tonight, the new Reed trecena energy begins to rise and things may get wild.

