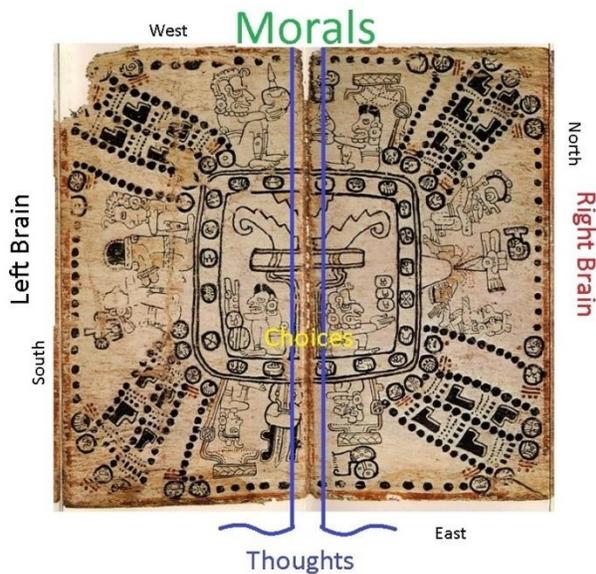


The Serpent and the Flint trecenas (Part Two)

The Tzolk'in Clock relates daily energy to our minds, hearts and spirits and is a human connection with divinity. It is also Clock to create your reality and its three-dimensional representation locates your outlook and the outlook of others. It's deeply rooted to your chakras and describes both our awake and asleep consciousness. These articles are a look at this ancient understanding of time.

We flew with the eagle, three days ago; gained wisdom, two days ago; and plunged inside of ourselves for deep introspection, yesterday. The flexible serpent trecena is over and we now begin the firming flint trecena. Your new reality is "cast into stone" this trecena. It will be presented to our collective consciousness during the monkey, seed and earth trecenas. Let your connection with flint consciousness do the work for you. Shape your future self while the stone is soft. Let the magic of life transform you.



The serpent and flint trecenas are located in the corner between the north face and west face of the Tzolk'in Clock (top right). People born on flint days make excellent mirrors for other people. They help you see yourself. They help you cut out negativity in your Akbal. The serpent trecena was wavy. The flint trecena solidifies, as we transition from north to west. Sitting in your internal Akbal, facing east, the northwest trecena is located at your back right, in the corner, using the hoogan analogy. It's located between your left side and the back of your head on the mind analogy (see previous articles).

The seeds you planted on the crocodile trecena have passed through the east face, east to north corner, and the north face. We are, now, in northwest corner. The seeds are about to be presented to the

west face, starting with the monkey trecena. The west face is about morals, choosing right or wrong (and the associated guilt), and is always changing with our collective consciousness. As we pass through the west face, starting with 1-Monkey, our seeds will update our collective morals. Our seeds will also transition from the right brain to the left brain on 8-Monkey. This flint trecena is about polishing our seeds, the final details, before being presented to the west face of the Tzolk'in Clock.

The flint trecena gives you tools and mirrors to clean your Akbal and remove any guilt. The best way to keep your Akbal clean is to not create guilt. Use guilt as a rudder to steer your choices. If a choice makes you feel guilty then reject or ignore it. Guilt can also build up on the west face of the Tzolk'in Clock and have a spiraling effect to make choosing right from wrong harder to see. The flint trecena is a good time to scrape any guilt that has accumulated on your morals. Finally, once it's been scraped, cleaned and polished, be sure to sweep clean the sandy floor of your hoogan / Akbal. An analogy would be to clean your oven in your kitchen. The Akbal is the energy or flame that passes through you. Once the flint trecena has ended, enjoy the freshness of your mind, heart and spirit. This trecena is a good time to update your kitchen, bedroom or whichever part you want the flame to burn brighter for the next Tzolk'in round.

The cutting tool of flint has consciousness. Think of an obsidian knife and how long the consciousness has existed in it and how long you exist compared to it. Synchronizing your resonance with the flint trecena will make cleaning and polishing more effective. There are some areas that need the flint harshness to be cleaned. This is the trecena to do that. What hardened areas are there in your Akbal that

will help you? Maya pyramids are evidence of our ability to connect with stone. Use the strength of the flint trecena to create yourself. Grow your stone temples this trecena as a foundation for the Tzolk'in round. Empower your seeds to endure the test of time. Flint people can also be like cement in a group of people. They are the connective tissue of the collective energy and help with cohesiveness in a group.

Maya birthdays are days of intense resonance with the day's energy. Maya trecenas are similar, but on a slower vibration. You have a slight "breeze to your back" on your trecena. If you were born on a 1-Flint, 2-Flint, etc. then this trecena will have a pleasant vibration with your natural energy. If you became an elder on a flint day, this trecena will give you an uplifting vibration.

Trecenas are an excellent way to manifest short term wishes or goals. You can plan an activity to begin on 1-Flint and use the ebb and flow of the 7 days and 6 nights to manifest your reality. You can do this physically or spiritually, such as clean your house or cleaning your internal house (Akbal). There are many ways to clean your Akbal. Thoughts enter your Akbal from the east, you choose to accept, reject or ignore using the morals on the west. If you go against your morals then guilt can spill out into your Akbal, your internal house, similar to getting your oven dirty, or the floors of a hoogan dirty. It's always good to keep your Akbal clean. Using the energy of the flint trecena gives you extra ability, similar to a steel wool brush for cleaning. This is important before we enter the west face of collective judgment.

Everyone feels a change in each day's energy. Each day has a unique resonance that matches or conflicts with your internal flame.

A link to [The Twenty Trecenas of the Tzolk'in](#) and a link to a [video](#) about the book. [Facebook](#) is the best way to contact me.

The Flint Trecena

1 Flint – Plan for this trecena today. Get all the tools you need (physically and spiritually). This is the trecena to cleanse your mind, heart and soul. Clear out space for new thoughts, emotions, and spirit.

2 Storm – this is a soft energy. From Jagaur Wisdom: Kawoq can be a highly emotional day, a quality which has the potential to either entangle us in a storm of uncontrolled feelings or to bring us in touch with the deep spiritual resources of the heart. On a 2 day, interpersonal relationships are the path which leads to those deep recesses of the heart. Have a care for those you love. Don't be afraid to let your real feeling shine forth.

3 Light – good visibility. The third inflection typically means family, as it takes 3 people to make a family. It might be a painful day, as we see clearer today, for self healing. You will be seeing all of your mistakes that have been buried in your consciousness. Let the pain go, like a snake shedding its skin.

4 Crocodile – internal cracking. This is the day of 4, stable like legs of an animal, immersed in sacred water, with light entering its eyes from above the water's surface. It's that moment you walk out of water, or emerge from the womb. It's a birthing of ideas and spiritual growth. It's also a night time energy (2, 4, 6, 8, 10 and 12), which is a rest day. Let the water energy carry you down the stream.

5 Wind – Today is the best day for powerful communications, such as a protest, political speech, etc. It can also result in saying the something that shouldn't have been said, since it's so tempting to speak your mind today. Be empathetic to others, thinking about what they are going through.

6 House – Today's energy is represented by the first change from night to day. Sitting in the hoogan, with the door open, you could notice how heavenly this change happens. It's the idea, that each day is your

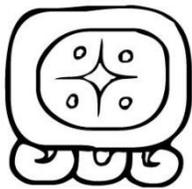
most valuable gift, a blessing. It's also the 3rd night of the trecena, which is made of 7 days and 6 nights. Since it's a nighttime energy, let the energy move you, rather than activity move in it. Let blessings come to you, today. Tomorrow you can actively manifest, or package these blessings into seeds to plant for fruition. The Gregorian calendar doesn't explain this, but the Tzolk'in calendar does.

7 Seed – feel the benefit. If you could do anything or have anything, what would it be and why? Our blessing is to realize mortality and cherish every moment.

8 Serpent - Today's energy is like your internal energy wave that flows up your chakras and sheds your skin for tomorrow. Today can be a day of ups and downs, so minimize your losses and maximize your gains, like trading on the market. There is a tail whip from our previous serpent trecena.

9 Transformer – leave your mark in the soft stone. Let it harden. Death is just one name, it could also be birth, or transformation from sleep to wake and back again. It also involves our ancestors and connecting with their life.

10 Deer – proudly walk earth. After yesterdays most significant day for self healing, today, we get the stability and morality of the deer, on the 10th day of this flint trecena. Many people associate 10 days, as application of your 10 fingers to get something done.



11 Star – Accept your destiny. There are several references to this day. The Maya word translates to star or Venus. The Aztec translates to rabbit. Different dialects say Q'anil and Lamat. It is more like the ripening of corn, as to what it means. The dots in this symbol are the morning star and evening star, Venus, as it rises into the morning sky and descends and then rises in the evening sky and then descends.

12 Water – Here we go, the new reality you wanted. Water days are good for paying your debt and appreciated reciprocity. It's especially important, as we end the 65 days of transformation. Today is the day to wash it all off. Tomorrow will be a day of dancing with our ancestors and remembering who we are and why we are here. Gather some natural spring water. Bathe under a waterfall. Cleanse your spirit today.

13 Dog – Celebrate and give thanks to your spiritual self. Today is the day of cosmic friendship. We have just been submerged in 65 days of transformation, ending on the flint trecena, and we are about to begin the next 65 days focusing on morals. Before we do that, we need to celebrate all that we have learned these past 65 days.